

Youth Scan

March 2007 -- Special Edition

From the National Youth Council

"Developing a Vibrant, Highly-Connected, and

Self-Sustaining Youth Sector, and Nurturing World-Ready Youth"

Bringing you snippets of youth trends and issues compiled from

diverse sources such as news reports, journals and press releases,

Youth Scan aims to help you stay in touch with the constantly evolving youth scene.

Special Edition on Youth Health and Wellness

In this issue we highlight two local studies on youth health and wellness:

1. Sex, the Media and the Medium: What do Singaporean youths think?

Fei Yue Community Services

2. Evaluation of "Breaking Down Barriers", a Pilot School-Based STI/AIDS Education Programme

Health Promotion Board

1. Sex, the Media and the Medium: What do Singaporean youths think?

Fei Yue Community Services

Fei Yue Community Services, with the support of the National Youth Council, conducted a survey research among 1,383 local secondary school students between July to September 2006. Results showed that youths generally perceived themselves to be resistant to sex; believe that the media does not give them negative messages such as premarital or casual sex; and are generally uncomfortable discussing intimate issues with parents and other adult figures.

[Click here to read more.](#)

2. "Breaking Down Barriers"

Health Promotion Board

"Breaking Down Barriers", an education programme on Sexually Transmitted Infections (STIs)/ Acquired Immunodeficiency Syndrome (AIDS), was piloted among secondary 3 students at 5 secondary schools in 2006. The main objectives of this programme were to increase awareness on the causes and consequences of STIs/ AIDS, protective measures against the diseases, as well as to equip students with essential life skills to delay the onset of sexual intercourse.

[Click here to read more.](#)

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