PRESENTS:



Workshop Track 1

A Journey of Grit: I told myself 'It's possible'.

By: **Lina Chong**, PBM, Deputy Director (Student Development), Nanyang Polytechnic; and **Nabila Shahood Din**, Life Coach

Synopsis

Meet Lina and Nabila, both amplifiers of possibilities and grit. They believe in turning wounds to wisdom (regardless big or small) and constantly striving to be the best version of themselves. Join them in uncovering the secrets behind the life of 'can-dos' and paying it forward.

Workshop Track 3

"Care-ing" It Forward Starts With Me.

(This track is only available for Workshop #2 @ 1.15pm)

By: **Muhammad Luqman Abdul Rahman**, Nominee of ST Singaporean of the Year; and **Julian Koo**, Co-founder of Jaga-Me

Workshop Track 2

Leaving a Purposeful Digital Footprint

(This track is only available for Workshop #1 @ 10.45am)

By: **Alvin Tan**, Head of Public Policy for SEA, Facebook

Synopsis

Facebook is more than just a social media platform. It also enables people to build communities and bring the world closer together. Find out what it means to be a discerning netizen and gain valuable insights on how this social media giant stays ahead in this highly competitive digital age.

Splendid workshop that is easily worth a thousand likes – What are you waiting for? Share it now!

Synopsis

In this session, hear from Luqman, an 18-year-old who has saved the lives of 20 as well as Julian, founder of Jaga-Me also known as the Uber of home-care services. Listen to their inspiring stories which led them to step up beyond their call of duty and how they took it upon themselves to resolve community needs by leveraging on innovation and technology. We will be asking close-to-home questions of what caring means and what it could look like in the future. Who knows, you might be crafting a new story of care after this!

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PRESENTS:



Workshop Track 4

Embracing Diversity: Breaking Down Social Norms on 'Disabilities'

By: **Ryan Ng & Debra Lam,** Founders of Society Staples

Synopsis

Be part of an experiential journey and catch a glimpse of how Society Staples debunks misconceptions about People with Disabilities (PwDs) and embraces them as integral members of the society.

Dive in deep as we dissect the concept of inclusivity and understand what it means to be part of the larger social fabric.

Workshop Track 6

Story of Self: Emotional Resources for Leadership

By: Bold @ Work

Synopsis

Who are you and what are you called to lead on behalf of? In this 75-min workshop, explore this age-old question and learn the craft of public narrative. You will work in small groups, practising how to construct a story of self that enables you to translate values into emotional resources for leadership action.

Workshop Track 5

Connecting with Self, Others and Meaning

By: **Crystal Lim-Lange & Dr Gregor Lim-Lange,** Founders of Forest Wolf

Synopsis

In a rapidly changing, diverse and globalising world, there has never been a greater need to practice connecting with ourselves (self-awareness), connecting with other diverse individuals with empathy, and connecting what we do with meaning and purpose.

This 3-part workshop will cover:

- 1. Connecting to Self
- 2. Connecting to Others
- 3. Connecting to Meaning & Purpose

Workshop Track 7

We, the Citizens of Singapore.

By: The Birthday Collective

Synopsis

You will be divided into groups where you will discuss unique scenarios of fictional future circumstances in Singapore. These scenarios will consider changes/wild cards in Singapore's national, regional and global environments and evaluate how these will impact our core founding principles as entrenched in our pledge.

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PRESENTS:



Workshop Track 8

I'm Not Racist. You Are.

(Please note that this is a 2-part workshop track.)

By: Ministry of Culture, Community and Youth (MCCY); and Shahrany Hassan, Co-Organiser of CommaCon

Synopsis

"Singaporeans are racist."

"No they're not! You're just too sensitive."

Wah jialat, who's got it right? Is racism a reality or is it not?

No matter your stand, the fact is that to many, racism still exists in Singapore while to others it's a thing of the past.

So, it's time for a conversation. To talk about sensitive race-based issues openly without fear.

But we can promise you this: You'll leave with a broader mind, a greater appreciation for the issues at hand, and some concrete actions steps.

Workshop Track 10

#NeverGraduate

By: **SkillsFuture Singapore; Citibank Singapore; Mike Tang,** LinkedIn Power Profiles
2017 & Award-winning Talent Adviser; and **Tan Juan Yuan**, Founder, Reprice

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Workshop Track 9

Take that Step into the Field of Climate Action

By: Ministry of the Environment and Water Resources (MEWR); and Singapore Youth for Climate Action (SYCA)

Synopsis

'When even the 'colder' years are rewriting the warmest year record books, we know we have a problem.'- Prof Dave Reay, University of Edinburgh

You have probably experienced the changes. The hotter weather, dry spells, intense rainfall. Climate change is real but is protecting the environment important enough for you to want to change your lifestyle?

Come join us in conversations on the challenges we face in taking climate action. How then, do we as individuals and as a collective nation, make a difference and create a sustainable future and home for Singapore?

Synopsis

We all desire to graduate, put an end to "formal schooling" so that we can pursue our careers, our dreams.

In this workshop, we share why in order to pursue those dreams and our careers, we should never graduate, never stop learning!

Through #NeverGraduate, you will pick up tips and advice from esteemed industry speakers about continuous learning and how it helps you stay ahead at work, develop yourself, build your personal brand and support your lifestyle.